

Professional Raw Powerlifting Association presents  
2<sup>nd</sup> Annual  
"CLASH FOR CASH"

**\$16,000 Total Payout**

September 11, 2010 in New Orleans, Louisiana

Get ready to be a part of the biggest and best RAW  
Powerlifting Championship in the country!

**RAW UNITY MEET QUALIFIER!**

**AWARDS**

**MEN'S**

114 lbs – SHW 1<sup>st</sup> Place - \$500, 2<sup>nd</sup> Place - \$250  
LWT Best Lifter (198 and under) Wilks - \$2000  
HWT Best Lifter (220 and over) Wilks - \$2000  
Best Bench (bench/bdywght) - \$500  
Best Master 3 Lift (on Wilks Formula) - \$250  
Highest Total - \$250  
2000lb + Total - \$500

**WOMEN'S**

LWT First Place Wilks - \$350  
MWT First Place Wilks - \$350  
HWT First Place Wilks - \$350  
Best Overall 3 Lift (on Wilks Formula) - \$500  
Best Bench Press - \$250  
Biggest Female Bench - \$250

**Spectator Admission**

**\$10.00 at the door, children 12 and under are free**

**Weight Classes**

*Men*

114,123,132,148,165,181,198,220,242,275,SHW

*Women*

Lightweight under 130lbs.  
Middleweight under 160lbs.  
Heavyweight 160lbs. & over

**Entry Fee**

**\$50 per entry and \$25 for each additional division/\$20 fee for late entries  
NO REFUNDS**

**\*\*ENTRIES MUST BE RECEIVED BY AUGUST 15, 2010\*\***

**We will cap this meet at 100 lifters, please get your application in early!!!**

GO TO [WWW.RAW504.COM](http://WWW.RAW504.COM) FOR INFORMATION AND ALL UPDATES  
THIS IS A NON TESTED MEET AND NO MEMBERSHIP IS REQUIRED

**LOCATION AND TIMES**

Crowne Plaza Hotel  
2829 Williams Blvd.  
Kenner, LA 70062  
504.467.5611  
[www.crowneplaza.com](http://www.crowneplaza.com)

**Weigh In**

Early weigh in and equipment check 6-9pm at the Crowne Plaza the night before competition  
Morning weigh in and equipment check at Crowne Plaza from 7am – 8am, morning of competition

**RULES**

- A lifting singlet must be worn for all lifts
- Only wrist wraps approved knee sleeves and an approved belt can be worn
  - Any shoes may be worn
- You must wear knee high socks for deadlift
  - Skull caps may be worn
- Please read official rule book for further details

**Meet Directors**

Jake Impastato 504.494.1238 jraw504@gmail.com  
 Mario Gonzalez 504.220.9530 magproperties@aol.com

**Mail entry form and make payment to:**

**RAW 504**

**1600 St. Charles Ave.**

**New Orleans, LA 70130**

**ENTRIES MUST BE RECEIVED BY AUGUST 15, 2010**

In consideration of your accepting this entry, I hereby for myself and my heirs, release any and all rights/claims for damages for injuries I may have against the Crowne Plaza Hotel, PRPA Powerlifting, Erik Frank, Jake Impastato, Mario Gonzalez, all other meet directors and staff, and any & all other participating sponsors, supporters, referees, and spotter/loaders as a result of my traveling to, and/or from and/or participating in, the above listed competition. I make this release and waiver of claim with full knowledge of the hazards and inherent rights associated with the above listed competition. I hereby assume the risk of injury and property damage/loss. Also, in consideration of your accepting this entry I hereby sign over my rights to be video taped and/or photographed to the meet directors and/or his degree. I am fully aware that I will receive no royalties and /or compensation for resale/use of the videotapes and/or photographs.

**RELEASE FROM LIABILITY**

**IMPORTANT: READ THIS RELEASE CAREFULLY. WHEN YOU SIGN IT YOU WILL BE GIVING UP IMPORTANT LEGAL RIGHTS**

In consideration of the acceptance of my entry in this Powerlifting competition I intend to be legally bound, for not only myself but also for my heirs, my executors, and my administrators. In signing this release form liability I waive and release everyone connected with the competition from any and all liability, including any results of negligence which may arise from this competition.

I agree to pay any attorney fee and litigation expenses incurred by any person, real or corporate, whom I may sue in an effort to challenge this Release from Liability form. I understand that my agreement to pay attorney fees and litigation expenses in the **Sine Qua Non** for the acceptance of my entry in the contest. If any provision of this release form liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release of Liability shall remain in full force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

\_\_\_\_\_  
**Signature in full of Applicant**

\_\_\_\_\_  
**Signature in full of Parent/Guardian**

**PRPA ENTRY FORM**

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_  
**Telephone:** \_\_\_\_\_ **Email:** \_\_\_\_\_  
**Wt. Class:** \_\_\_\_\_ **Male** \_\_\_ **Female:** \_\_\_ **Date of Birth:** \_\_\_\_\_

**Check Divisions entering:**

<b>Men's</b>	<b>Women's</b>
_____ Teen Men 3 Lifts (Wilks)	_____ Open 3 Lifts (Wilks)
_____ Open Men 3 Lifts (Wilks)	_____ Biggest Bench
_____ Masters (Over 50) 3 Lifts (Wilks Score)	_____ Best Bench by Formula (bench/bdwt)
_____ Masters (Over 50) Bench Press (bench/bdwt)	
_____ Best Bench by Formula (bench/bdwt)	
_____ Biggest Bench	

\_\_\_\_\_ \$50 Entry Fee For One Division  
 \_\_\_\_\_ \$25 Each Additional Division  
 \_\_\_\_\_ \$15 Meet T-Shirt (S-2XL) Size(s) Requested \_\_\_\_\_  
**Total Enclosed \$** \_\_\_\_\_

**Complete information below if you wish to use a credit card**

**Name (as it appears on card):** \_\_\_\_\_  
**Card #:** \_\_\_\_\_ **Expiration Date:** \_\_\_\_\_  
**Signature:** \_\_\_\_\_